



13 Mile Time Trial
Saturday 13th August 2022
Promoted on behalf of the CTT under their rules and regulations

Event Secretary Mr. Rob Scott, City Cycle Couriers, The Business Centre,
2 Cattedown Road, Plymouth, PL4 0EG
Mobile: 07875760254

Timekeeper Ian Myers
Marshalls Members & friends of City Cycle Couriers RT

Event Headquarters Torpoint Town Council, Council Hall, 1-3 Buller Road,
Torpoint, Cornwall PL11 2LD.

Please park in Sainsbury's car park and walk across to headquarters. Free parking after 5pm.

Signing on will open from 5pm, please collect number and sign on.

Course Details:

S19/13S - Start on the A374 some 3 miles West of Torpoint just prior to the village of Antony at the exit from a layby adjacent to sign "Antony" (GR SX403547). Proceed Westwards through Antony, Sheviock and Polbathic to Trerulefoot Roundabout, give way. Circle roundabout to retrace outward route through Polbathic and Sheviock to finish just after the bottom of the dip before layby entrance on left. Distance 13 miles

Notes to riders:

- 1.) Please allow 15 minutes to ride to the start.
- 2.) Observe the Highway Code and keep your head up at all times.
- 3.) Do not "white line"
- 4.) Paced Riding: CTT regulation No.21 must be applied at all times. Any rider seen taking pace from another competitor will be disqualified.
- 5.) Hard shell helmets compulsory. Competitors under the age of 18 must wear a hard shell helmet.
- 6.) Under NO circumstances should you ride with headphones, anyone seen to do so will be disqualified.
- 7.) Front / rear lights compulsory.
- 8.) Have a safe but enjoyable ride!!

Prizes:

Trophies – 1st, 2nd & 3rd

Medals to all finishers

City Cycle Couriers RT					
13 Mile Sporting TT (Antony, Torpoint)					
Saturday 13th August 2022					
Starting Order:					
No.	Name	Club	Cat	LTS	Start
1	Frankie McBride	Mid Devon CC	Veteran	28:15	1801
2	Philip Young	Alltrax	Veteran	24:32	1802
3	Ian Scott	City Cycle Couriers RT	Veteran	26:51	1803
4	Alice Lake	Cranbrook Cycle Club	Lady	25:59	1804
5	Pete Bishop	Exeter Wheelers	Veteran	25:37	1805
6	Sophie Butcher	Tri Logic Cornwall	Lady	25:25	1806
7	Robin Delve	Mid Devon CC	Veteran	25:19	1807
8	Rod Saxby	Exeter Wheelers	Veteran	24:55	1808
9	Craig Woodward	Plymouth Corinthian CC	Veteran	23:24	1809
10	Jon Tune	City Cycle Couriers RT	Veteran	23:05	1810
11	Ian Houvenaghel	Royal Navy & Royal Marines CA	Veteran	21:55	1811
12	Tom Smith	Duchy Velo	Senior	21:47	1812
13	Ken Holder	City Cycle Couriers RT	Veteran	21:42	1813
14	Mark Pierce	Plymouth Corinthian CC	Senior	20:33	1814
15	Nigel Polkinghorne	Duchy Velo	Veteran	20:43	1815
16	Anthony Green	Penzance Wheelers	Senior	21:02	1816
17	Michael Parker	TMG Horizon Cycling Team	Veteran	20:25	1817
18	Peter Norris	Cycle Sport South Hams	Veteran	20:28	1818
19	Rob Scott	City Cycle Couriers RT	Senior	20:24	1819